

# Life Design Playbook™

## 1. Current State

Where am I right now – personally, professionally, financially, emotionally?

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## 2. Future State (Vision)

What do I want my second act to look and feel like?

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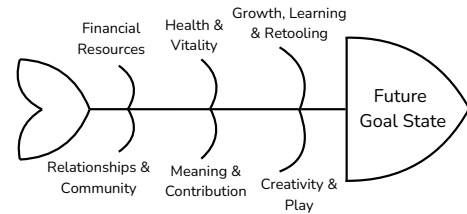
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## 3. Gaps (Root Causes)

What's standing between where I am now and the future I want – across each life domain?



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## 4. Targets

1-3 measurable goals that define success.

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# Life Design Playbook™

## 5. Action Plan

| Actions | Date |
|---------|------|
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|         |      |
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|         |      |

## 6. Measure of Progress

How will I know it's working?

Qualitative (felt experience):

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Quantitative (observable):

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# Life Design Playbook™

## 7. Resources Needed

Consider: people, knowledge/skills, finances, tools and systems

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**Notes:**